

9th Edition

7 - 9 March 2017

Dubal International Convention &

Exhibition Center

The Premier Specialized Event for the Beverage Industry in the Middle East

5 HEALTH BENEFITS OF MEAL-PREP let READ help you reap the benefits of meal preparation.



LOWER BACK PAIN Don't stress yourself out, psychological issues stemming from stress and anxiety may make lower back pain

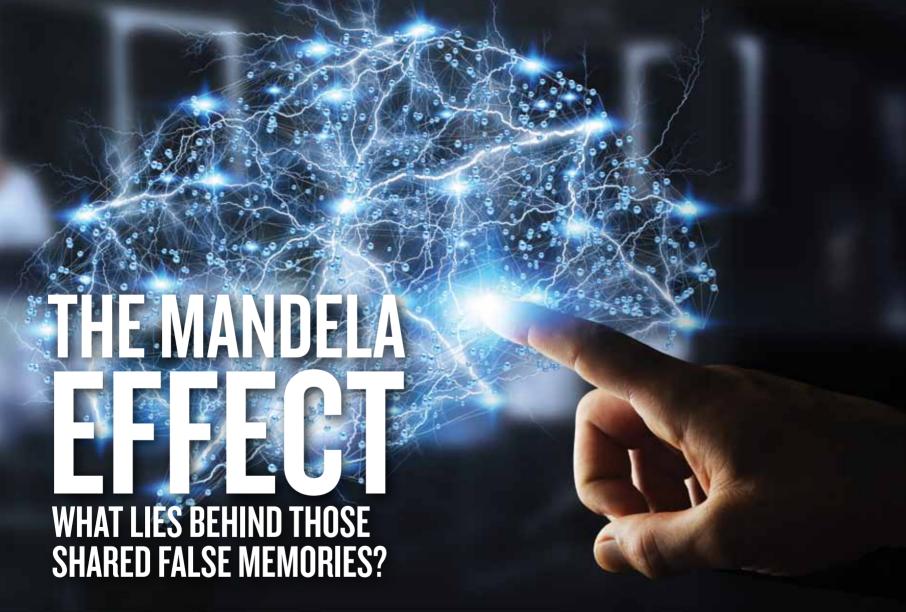


TAKE IT TO THE STREETS 4 Street Style Trends this 2017 that will take your #ootd's to the next level.



THE COLOURFUL
CHAOS OF
MOROCCO
Uncensored Travel
takes you on a tour
through the city, Come
along for the read!





Lifestyle

WAREHOUSE SALE

Beauty, Fashion & Home

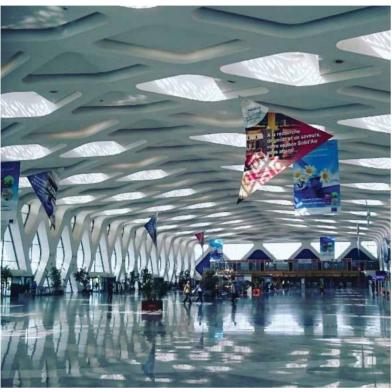
16th Feb onwards
10 AM - 7PM
Open on Friday & Saturday



Location: Lifestyle Warehouse, Landmark Group Building, Shed No. 37, Jebel Ali Industrial Area 1, Jebel Ali

Places to visit in Marrakesh: colourful chaos of Morocco

Uncensoredtravel takes you on a tour through the city, how we experienced the hot spots, the bargaining with vendors and the delicious food we encountered. Come along for the read!



with their shops of Moroccan wear throughout the city. The rule is, never take the first given price. Negotiate! And if you think the price is fair, make the deal! If the prices are fixed it means no negotiating, try to keep that in mind. Shopkeepers can be persistent and can even become rude at some point, just say the magical word "Shukran" (meaning: no thank you) and they will politely leave you alone. Always ask for the democratic price.

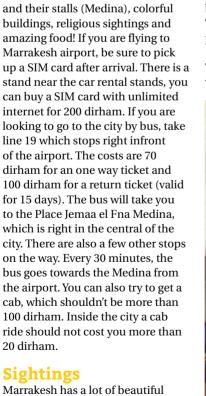


Islamic and Moroccan architecture styles. The entrance is just 10 dirham per person from 09:00 AM until 16:30 PM. The colorful backgrounds make it worth a visit!

Jardin Majorelle is one of the most visited places in the country. There is a museum inside the garden, and the colorful blue and yellow buildings will catch your attention! The admission prices are 70 dirham per person.

The souks of the Medina are a must visit. You can find different vendors

(Jemaa el-Fnaa) at night for an amazing sight. The food markets and enjoy the different dishes). The Bahia Palace was built in the late 19th century with the intend to become the greatest palace of its time, designed to capture the



arrakesh is one of the

is filled with vendors

most beautiful cities in

Morocco. The city which

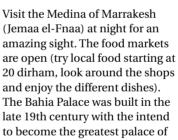
Sightings

20 dirham.

Marrakesh has a lot of beautiful sights to visit. The colourful buildings are worth the visits, make sure that your camera's are fully charged and your memory cards are empty:)! So what kind of hotspots are there to see?



Koutoubia Mosque is the largest mosque in the city dating back to the 12th century and constructed from sandstone. Do not forget to walk around the mosque, it has some impressive doors and the remains of the former mosque. The Slat Lazama Synagogue is located near the Bahia Palace in one of the side streets. It is not really known, but worth a visit. Entrance is just 10 dirhams per person and gives you an insight in the history of the Jewish population in Marrakesh. Palais El Badiî is also an amazing palace with an inside court which has an amazing view.







Food? Tajin!

Tajin is the local dish you cannot miss out while being in Morocco! The Tajin comes with chicken, lamb, fish or vegetarian and is added on with potatoes, vegetables, prunes, apricots, and a lot of different varieties. It is amazingly tasteful. You can have a tajin everywhere. In the streets you can get amazing tajin for just 20 dirham. In restaurants it can be between 50 to 70 dirham. You can also find fresh food and spices everywhere!

Riads

Riads are traditional Moroccan houses or palaces with a (small) courtyard with a garden. The name comes from the Arabic word "Ryad" which means garden. If you visit Marrakesh you HAVE TO stay in a Riad!

Marrakesh...

Has a lot of beautiful sights, city walls, mosques, food and friendly people. It is a must visit! There are a lot more things to visit in the city, so if you have time while visiting the city be sure to check out different hammams, museums, mosques and food places to your liking!

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