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9th Edition
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5 HEALTH BENEFITS OF MEAL-PREP

let READ help you reap the benefits of meal preparation.



LOWER BACK PAIN

Don't stress yourself out, psychological issues stemming from stress and anxiety may make lower back pain worst.



TAKE IT TO THE STREETS

4 Street Style Trends this 2017 that will take your #ootd's to the next level.



THE COLOURFUL CHAOS OF MOROCCO

Uncensored Travel takes you on a tour through the city. Come along for the read!



THE MANDELA EFFECT

WHAT LIES BEHIND THOSE SHARED FALSE MEMORIES?



Lifestyle

WAREHOUSE SALE

Beauty, Fashion & Home

16th Feb onwards
10 AM - 7PM
 Open on Friday & Saturday

Location: Lifestyle Warehouse,
 Landmark Group Building, Shed No. 37,
 Jebel Ali Industrial Area 1, Jebel Ali



Places to visit in Marrakesh: colourful chaos of Morocco

Uncensoredtravel takes you on a tour through the city, how we experienced the hot spots, the bargaining with vendors and the delicious food we encountered. Come along for the read!



with their shops of Moroccan wear throughout the city. The rule is, never take the first given price. Negotiate! And if you think the price is fair, make the deal! If the prices are fixed it means no negotiating, try to keep that in mind. Shopkeepers can be persistent and can even become rude at some point, just say the magical word "Shukran" (meaning: no thank you) and they will politely leave you alone. Always ask for the democratic price.



Islamic and Moroccan architecture styles. The entrance is just 10 dirham per person from 09:00 AM until 16:30 PM. The colorful backgrounds make it worth a visit!



Koutoubia Mosque is the largest mosque in the city dating back to the 12th century and constructed from sandstone. Do not forget to walk around the mosque, it has some impressive doors and the remains of the former mosque. The Slat Lazama Synagogue is located near the Bahia Palace in one of the side streets. It is not really known, but worth a visit. Entrance is just 10 dirhams per person and gives you an insight in the history of the Jewish population in Marrakesh. Palais El Badii is also an amazing palace with an inside court which has an amazing view.

Marrakesh is one of the most beautiful cities in Morocco. The city which is filled with vendors and their stalls (Medina), colorful buildings, religious sightings and amazing food! If you are flying to Marrakesh airport, be sure to pick up a SIM card after arrival. There is a stand near the car rental stands, you can buy a SIM card with unlimited internet for 200 dirham. If you are looking to go to the city by bus, take line 19 which stops right in front of the airport. The costs are 70 dirham for an one way ticket and 100 dirham for a return ticket (valid for 15 days). The bus will take you to the Place Jemaa el Fna Medina, which is right in the central of the city. There are also a few other stops on the way. Every 30 minutes, the bus goes towards the Medina from the airport. You can also try to get a cab, which shouldn't be more than 100 dirham. Inside the city a cab ride should not cost you more than 20 dirham.

Sightings

Marrakesh has a lot of beautiful sights to visit. The colourful buildings are worth the visits, make sure that your camera's are fully charged and your memory cards are empty :)! So what kind of hotspots are there to see?

Jardin Majorelle is one of the most visited places in the country. There is a museum inside the garden, and the colorful blue and yellow buildings will catch your attention! The admission prices are 70 dirham per person.

The souks of the Medina are a must visit. You can find different vendors

Visit the Medina of Marrakesh (Jemaa el-Fna) at night for an amazing sight. The food markets are open (try local food starting at 20 dirham, look around the shops and enjoy the different dishes). The Bahia Palace was built in the late 19th century with the intend to become the greatest palace of its time, designed to capture the





Food? Tajin!

Tajin is the local dish you cannot miss out while being in Morocco! The Tajin comes with chicken, lamb, fish or vegetarian and is added on with potatoes, vegetables, prunes, apricots, and a lot of different varieties. It is amazingly tasteful. You can have a tajin everywhere. In the streets you can get amazing tajin for just 20 dirham. In restaurants it can be between 50 to 70 dirham. You can also find fresh food and spices everywhere!

Riads

Riads are traditional Moroccan houses or palaces with a (small) courtyard with a garden. The name comes from the Arabic word "Ryad" which means garden. If you visit Marrakesh you HAVE TO stay in a Riad!

Marrakesh...

Has a lot of beautiful sights, city walls, mosques, food and friendly people. It is a must visit! There are a lot more things to visit in the city, so if you have time while visiting the city be sure to check out different hammams, museums, mosques and food places to your liking!

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